

About Us

Mike Kelly is the president and founder of **Hoops 101**. He was a Division 1 college basketball coach for 7 years in Hofstra University and Fordham University.

Hoops 101 is an international basketball instruction company. From the very beginning, our vision has been to be the basketball company that provides players in cities all over the world with a unique program that focuses on skill improvement.

Hoops 101 specializes in teaching basketball skills using advanced drills that have been carefully simplified and structured. Players of all ages and skill levels are capable of understanding and doing each of the many different drills that our program has to offer. Footwork, proper mechanics, and the detailed breakdown of movement on the basketball court give players the opportunity to learn the right way.

We create a positive atmosphere where players are able to work towards improvement without worrying about making mistakes. We encourage players to get out of their "comfort zone" by trying new things. The key is that we all learn by trial *and* error. We pride ourselves in helping players to realize that they are capable of more than they know.

Testimonials

"Hoops 101 have developed a simple way to teach the most advanced skills to basketball players of all ages and ability. Mike's passion for teaching and his constant positive encouragement create a very productive learning environment. Hoops 101 is going to touch the lives of players in cities all over the world."

Hall of Fame Coach Bob Hurley of St. Anthony High School

"Every young basketball player must learn the joy of improving his or her skills. I love the approach that Mike Kelly takes toward teaching the fundamentals of the game. Completing his Hoops 101 program was an extremely valuable experience for our team. Mike has the unique ability to explain intricate skills in a way that players can understand. He creates an environment where athletes do not fear making mistakes. Our guys had a blast, as they challenged each other to learn and perfect different pivots, shots, and finishing moves. I highly recommend Hoops 101 to players of all ages."

John Buck, Head Coach of the Long Island Lutheran Boys' Varsity basketball team and **Newsday's 2011 Coach of the year in Nassau County**

"I have been in the coaching profession for over 20 years, the college level for 7 (Austin Peay State University, UNLV) and the high school level (Bishop Gorman High School) for 16 years. I was very IMPRESSED with Mike Kelly and his ability to teach the game with passion and precision!! His Hoops 101 workouts were intense and focused on the fundamental aspects of the game. This is a lost art in the basketball world and Mike brought it home from the start! He started off with footwork and agility which is so important in the game.

He then got into learning to use both right and left pivots to master the art of shooting! He followed that with how to come off screens and reading the defense! Mike taught my team several professional and college level moves, which they have recently incorporated in practice.

I wish we had him longer than 2 days as my team learned so much in the short time we had Hoops 101 in our gym. I was very impressed with Mike and his ability to focus the girls on the task at hand. His energy, enthusiasm, love for the game and passion was very impressive!! I hope to have MIKE back at our gym working with my team in the near future. Thanks again Mike for an AMAZING 2 days of Hoops 101!!!"

Bishop Gorman High School Girls Varsity Head Coach Sheryl Krmpotich



HOOPS 101[®]

FUN DRILLS • NEW SKILLS

Hoops 101 combines efficient skill development training with positive coaching during competitive play. Most importantly, Hoops 101 is FUN!

2017 Summer Basketball Camp in Oyster Bay

Week 1

JULY 5 – JULY 7

**St. Dominic High School
110 Anstice Street
Oyster Bay, NY 11771**

3 DAY CAMP

CO-ED CAMP

CERTIFIED ATHLETIC TRAINER ON SITE

Register online at
<http://hoops101.net/registration/>
Visit www.hoops101.net for additional information.

Follow us on Twitter/Instagram
@hoops101net

Find us on Facebook
www.facebook.com/Hoops101

Camp Directors

Mike Kelly

Hoops 101 has been to the following cities:

- Norwich, CT
- Newark, DE
- Tampa, FL
- Chicago, Ill
- Las Vegas, NV
- Middletown, NJ
- Buffalo, NY
- Carle Place, NY
- Floral Park, NY
- Garden City, NY
- Manhasset, NY
- NYC, NY
- Plainview, NY
- Port Washington, NY
- Rochester, NY
- Rockville Centre, NY
- Westbury, NY
- Stroudsburg, PA
- Knoxville, TN

Hoops 101 has also been to the following international cities:

- Guangzhou, China
- Shanghai, China
- Brisbane, Australia
- Eltham, Australia
- Lismore, Australia
- Melbourne, Australia
- Sippy Downs, Australia
- Toowoomba, Australia

Typical Daily Schedule

9:00	Group Stretch and Warm up
9:15	Footwork Drills
9:30	Individual Offensive Skill Development
10:15	Individual Defensive Skill Development
11:00	Preparation Drills for Upcoming Competitive Games
11:30	Competitive Games (1 on 1, 2 on 2, 3 on 3)
12:00	Lunch/Lecture/Rookie Dismissal
1:00	Team Offensive Skill Development
1:30	Team Defensive Skill Development
2:00	Daily Skills Contests
2:15	Team Games (5 on 5)
2:45	Camp Wrap Up
3:00	Dismissal



Week 1 - July 5 - 7

<i>Sign up for:</i>	<i>Time</i>	<i>Price</i>
<input type="checkbox"/> Rookie - Grades K-2	9:00-12:00	\$105
<input type="checkbox"/> NIT - Grades 3-5	9:00-3:00	\$210
<input type="checkbox"/> NCAA - Grades 6-8	9:00-3:00	\$210
<input type="checkbox"/> NBA - Grades 9-12	9:00-3:00	\$210

Camper's Name _____

Grade as of Sept 2017 _____

Address _____

T-Shirt Size _____

Phone _____

E-mail _____

Emergency Contact:

Name _____

Phone _____

Signature _____

Available Discounts:

- Each Additional Child (20% off)
- Refer a friend - 10% off for each referred friend, who has not previously attended a Hoops 101 summer camp
- Attend two weeks of Hoops 101 summer camp - receive 10% off the price of the second week of camp

Register online

@

<http://hoops101.net/registration/>